Ohomairangi Trust
Early Intervention Service

INCREDIBLE YEARS REFERRAL FORM

Incredible Years is a 14 week programme for parents. It is about learning how to use positive behaviour management strategies. It is especially for parents with children aged 3-8 years of age. This is because the strategies we talk about are most effective with children in that age range.

In the weekly sessions we talk about spending time with your child and helping your child to develop social skills. We discuss how to support children to manage their emotions and learn self-control. We practise strategies that will help you to set up routines and rules in your home. We know that being a parent can be stressful and we discuss ways to cope with this stress. Our discussions help us to learn from, and support, each other and each week parents pick one of the strategies we have discussed to practice at home before the next session.

The programme is based at the Mangere East Community Centre. A morning or evening option is available.

Date of referral: / / **Parent / Caregiver information below**

Mother/Father/Couple/Caregiver (Please Circle) Name(s):	Current Address:
Ethnicity:	E-mail Address:
Phone:	Mobile:
Emergency Contact: Name & phone number:	
Number of children living with you: If your children are not living with you how often do you see them?	

Child information (he/she must be aged between 3-8 years old)

Name:	
Age:	Date of Birth: / /
Gender: **F / M**	Ethnicity:
Early Childhood Centre or School attending:	
Has the child received a diagnosis: **Y / N**	Please state the diagnosis:
Other Services the child is receiving:	

Child care required **Y / N**	Transport Required **Y / N**
Names and ages of the children requiring child care:	
Any Special Dietary Requirements:	
Days available to attend:	**Daytime / Evening**
Referrer Name: Phone:	Mobile: Email:

Please send referral to; Ohomairangi Early Intervention Service, PO Box 23185, Papatoetoe, Auckland
Fax: 263 0542 or Email to admin@ohomairangi.co.nz